



Hebrews: Our Response to Jesus - Jeff Mickey

Icebreaker:

1. On a scale of 1 to 10 how close to God do you feel? Explain.
2. What do you think are the most common misconceptions people have about God?

Hebrews 12:1-3

12 Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, **2** fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. **3** Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart.

Read the above scripture together. What is one word or phrase that stands out to you and why? (Additional scripture from Jeff's teaching: Hebrews 12:14-17 and Hebrews 11)

Conversation Guide:

- What is your favorite/least favorite way to exercise?
- How do you get/stay motivated to work out or do other hard things? Do you have a pump up song?
- What is something in which you have had to demonstrate perseverance? How did you do it?
- Hebrews 12:1 suggests that both sin and other stuff (doubts, old habits, rules, traditions, questions...) can hinder our faith. What hinders you in pursuing your faith/following Jesus? What do you need to throw off?
- Hebrews 12:1 says that we have a great cloud of witnesses surrounding us. Jeff said that these aren't just examples for us to follow, but also point to our need for mentors in our faith. Who is someone that mentors you in your faith?
- What helps you fix your eyes on Jesus? What specifically do you think about when you consider Jesus in a way that strengthens you and encourages you to persevere when things are hard?