



Psalm 13 **1** How long, O Lord? Will You forget me forever? How long will You hide Your face from me? **2** How long must I plan what to do in my soul, and have sorrow in my heart all the day? How long will those who hate me rise above me?

**3** Look on me and answer, O Lord, my God. Give light to my eyes, or I will sleep the sleep of death. **4** Or the one who hates me will say, "I have power over him." And those who hate me will be happy when I am shaken.

**5** But I have trusted in Your loving-kindness. My heart will be full of joy because You will save me. **6** I will sing to the Lord, because He has been good to me.

### Icebreaker

Did you ever forget to pick someone up and leave them waiting for you?

### Conversation Starters

1. What stood out to you from Doug's teaching?
2. Has your religious training taught you to demand, "God Look At Me"?
3. Is there something you are currently waiting for that seems a long way off?
4. What do you think it means to deal with disappointments so they don't deal with us?
5. What would it look like to be completely real with God as you're grieving your disappointment?
6. Has God proven faithful when you've trusted him with other things in the past?
7. Are you able to trust him again?