

Have someone read John 4:7-30 aloud to the group.

Icebreaker: Are you more comfortable with physical, mental or emotional discomfort? Why?

Watch 10 minutes of Jeff's teaching Here from 7:06-18:14

Conversation Guide- Pick one or two to get your group talking.

- 1. What's your experience with people from other countries and/or religious backgrounds?
- 2. What have you learned from someone of a different background that surprised you?
- 3. Have you ever felt uncomfortable talking to someone? What do you do when this happens?
- 4. Tell about a time you felt uncomfortable and yet compelled to listen at the same time?
- 5. Have you ever been offended by something a stranger said to you? How did you respond?
- 6. Have you ever been offended, but realized there was truth in what another was saying to you? How did you respond?
- 7. What do you think compelled the Samaritan woman at the well to run and tell others in town about her encounter with Jesus?
- 8. "The number one thing we need to grow is a very high tolerance and respect for discomfort". Brene Brown How could you commit to becoming uncomfortable? Why would you?