

::WEEK THREE GUIDE:: WHO ARE YOU BECOMING?

Before you begin each week please review the [Instruction Guide](#)

Take some time to process Dan's story together. How did you feel while listening? What stirred up inside of you? What do you wish you could ask Dan?

QUESTIONS:

1. Share a time you experienced loss.
2. Share something about yourself that people may not know.
3. Describe your favorite kind of day off.
4. Describe one of your strengths? When did you first recognize it as a strength? Who else recognizes this strength in you?
5. Where are you in life right now? What surprises you about this stage of your life?
6. Where are you and who are you with, when you are most relaxed and content?
7. Where are you and who are you with, when you are most inspired?
8. Where are you and who are you with, when you are most confident?
9. Who do you tell your secrets and why?
10. How do you inspire and motivate yourself?
11. What do you think of when you think about the future?
12. Is there something you dream of doing but haven't done yet? What is it? What holds you back? What would get you going?
13. When are you most afraid? What would you do if you weren't afraid of failing?
14. Tell a story of God working in you.
15. What do you forget to do that you wish you wouldn't?
16. Describe the best walk you have ever taken. Where was it? Who were you with?
17. How do you handle conflict?
18. What most keeps you from contentment and gratitude?
19. What is your best wipe out story?
20. What is the biggest fight you ever had with your partner?
21. What is the hardest behavior you've dealt with in another person, friend, co-worker or child?
22. What is your biggest pet peeve?
23. What makes you irritable or impatient?
24. Talk about a volunteer experience that impacted you.
25. How do you feel about New Year's Resolutions? Describe one you have made and kept or not.

26. Talk about a failure. How did you respond? Looking back would you respond the same or differently?
Why?
27. What is the one thought or behavior you do that makes you a better human?
28. Talk about a time you set a challenging goal and achieved the goal.
29. What new habit would you like to develop over the next week.month.year?
30. Talk about what change is like for you? Do you welcome change? Does change scare you? Or somewhere in between.
31. What brings you joy?
32. Tell a story of God at work around you.
33. What is God up to in your current season of life?
34. What is your go to behavior, thought pattern or habit when life gets hard? *Has this changed since Covid-19?*
35. What area in life is it most helpful to have a long view/bigger perspective?