



## No Fear - Stef Rohler

Fear in families, **we all have it**, and it's usually driven by fears that are worldly. Steps to intentionally get it out of your family dynamic and decisions: 1) no family is perfect 2) make love a trademark of your family 3) Love drives out fear 4) love is a verb so: lay down your lives for each other and forgive each other 5) learn to speak truth with a whole lot of grace

### Icebreaker:

- What one word describes your mother? Why?
- What one word describes your father? Why?

### Small Group Questions: "Family" in these questions can be biologic, work, friends or church!

- Ice breaker: TV show families are sometimes made out to be perfect, especially older TV shows. Is there a TV family you ever wished you were a part of? Part 2: How real or unreal was that TV family?
- What fears do you have involving family?
- Can you share a time you were let down by family?
- What does Jesus mean by love? (remember, it's not a feeling. You can refer to John 13:34-34)
- How can love drive out fear?
- Are you a grudge holder or do you forgive easily? How could forgiveness in a family help drive out fear?
- In what ways does fear of the world and what the world thinks have an impact on your family fears and how does that impact some of your family decisions?
- What is one way you can let go of some of those fears in question 7?

Engage the Bible: Psalm 34:4, John 13:34-35, and 1 John 4:18 - Read and discuss as a group.